

# Physical Education



Thornhill Primary School

Long Term Planning 2022 - 23

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
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Year 1	Fundamental Movement Skills  Fundamental Movement Skills (Handball)	Fundamental Movement Skills (Football)  Dance	Fundamental Movement Skills (Dodgeball)  Fundamental Movement Skills (Basketball/Netball)	Gymnastics  Dance	Health and Fitness (Hula Hooping, Yoga and more)  Rhythmic Gymnastics	Fundamental Movement Skills (Athletics)  Fundamental Movement Skills (Striking and Fielding)
Year 2	Fundamental Movement Skills (Tag Rugby)  Fundamental Movement Skills (Handball)	Fundamental Movement Skills (Football)  Dance	Fundamental Movement Skills (Dodgeball)  Fundamental Movement Skills (Basketball/Netball)	Gymnastics  Dance	Health and Fitness (Hula Hooping, Yoga and more)  Rhythmic Gymnastics	Fundamental Movement Skills (Athletics)  Fundamental Movement Skills (Striking and Fielding)
Year 3	Tag Rugby  Handball	Sportshall Athletics  Football  Dance	Sports Leadership (Dodgeball)  Basketball	Gymnastics  Netball	Outdoor Adventure Activities  Tennis/Golf	Athletics  Striking and Fielding (Cricket and Rounders)

Year 4	Tag Rugby	Sportshall Athletics	Sports Leadership (Dodgeball)	Gymnastics	OAA/Tennis/Golf	Athletics
	Handball	Football	Basketball	Netball	Dance (Maypole Performance)	Striking and Fielding (Cricket and Rounders)
	Swimming	Dance	Swimming	Swimming	Swimming	Swimming
		Swimming				
Year 5	Tag Rugby	Sportshall Athletics	Sports Leadership (Dodgeball)	Gymnastics	Outdoor Adventure Activities	Athletics
	Handball	Football	Basketball	Netball	Tennis/Golf	Striking and Fielding (Cricket and Rounders)
	Swimming	Dance	Swimming	Swimming	*Swimming	*Swimming
		Swimming				

Year 6	Tag rugby	Sportshall Athletics	Sports Leadership (Dodgeball)	Gymnastics	Outdoor Adventure Activities	Athletics
	Handball	Football	Basketball	Netball	Tennis/Golf	Striking and Fielding (Cricket and Rounders)
		Dance			*Swimming	*Swimming

**NOTES**

\*swimming = only for children who still need to achieved the national curriculum aims for swimming in year 6

SPORTSHALL ATHLETICS = first two weeks back after october half term

Spring 2 and Summer 1 sees more football after school