



PE and Sport Premium 2019-20

Rationale

PESSPA is at the heart of Thornhill Primary School and is a driver for whole school improvement. We have the following ambitions for PESSPA:

- For our children to enjoy being active
- For all children to be physically literate
- For all children to have the knowledge, skills and motivation to equip them for a lifelong healthy lifestyle
- For all children to have the potential to participate in lifelong physical activity and sport
- For all our children to experience competitive sport
- For our children to develop important life skills through regular sport

At Thornhill Primary School we recently improved our facilities and have amazing spaces for PESSPA to flourish. Our school yard has been re-surfaced in 3G, allowing it to be used throughout the year. The school grounds benefit from two multi-sport pitches, low level climbing course, sand pit with run up area, sprint track, a large field and forest school area.

Each class at Thornhill Primary School take part in 30 minute daily PE lessons lead by a teacher with a PE specialism. In Key Stage 1 our children master the fundamentals of sport allowing them to excel in a range of physical activities as they get older. The Tree Tops Motor Skills group is an early intervention programme for children who struggle to master the fundamentals and they benefit from an extra 30 minutes of support each week in small group setting.

We also teach our children to lead healthy active lifestyles to take into adulthood. Our children are physically active for sustained periods of time, helping them to reach the target of sixty minutes of physical activity per day set by the Government. We have a school buddy system where older children run sport and physical activity sessions

at break and lunch times allowing children to be active for 45 minutes over their allocated break time each day. We have funded extra swimming lessons, allowing our children to swim in years 3 and 4, in both the small and large pool. In year 6, 90% of our children can swim a distance of 25 metres (72% nationally), 76% can swim using a range of strokes (56% nationally) and 48% can perform safe self-rescue (34% nationally). This is an achievement we are very proud of considering it is such an important life skill.

Our children have the opportunity to engage in a wide variety of competitive sports leagues, festivals and competitions. In the 2018 – 2019 academic year we attended 56 different events ran by Sedgefield School Sport Partnership and the Education Enterprise. At Thornhill Primary we are creating closer links with local sports clubs to help signpost our children to out of school sport. We have closer relationships with Shildon Cricket Club, Shildon Football Club and Woodham Golf Course, allowing our children the chance to continue taking part in sport outside of school in the local community. In 2019, 30 of our children attended the ICC Cricket World Cup at Chester le Street, allowing children the opportunity to witness top class sport, some, for the first time.

At Thornhill Primary School we use the School Games Values to teach our children about important life skills such as teamwork, respect, determination, passion, honesty and self-belief. We recognise the importance of having a healthy mind and body. During the 2018 – 2019 academic year each child took part in the FISCH Project (Family Initiative Supporting Children's Health) where they took part in a variety of activities such as physical activity and healthy eating. During the current academic year each child will also take part in the Team Up Kids Programme to raise awareness of how to keep your mind healthy. This programme uses the brainy bunch to teach young people about brain chemicals and how to keep healthy. We have recently been awarded the Gold School Games Award, an achievement which demonstrates the staffs and children's passion for physical education, school sport and physical activity.

The following analysis indicates how our PE and Sport Premium funding of £17,820 has been allocated in order to ensure that our children receive a broad range of high quality physical experiences. It should be noted that we also spend in excess of this figure on the provision of PE within our school.

Support for review and reflection - considering the 5 key indicators from DfE, what development needs are a priority for your setting and your students now and why? Use the space below to reflect on previous spend, identify current need and priorities for the future.

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> • Children at Thornhill Primary School take part in 30 minutes of PE every day, this amounts to two and a half hours of high quality Physical Education a week, thus achieving the 30 active daily minutes • Achieved the Active Durham Active 30 Award • All children access four hours of Forest School every term • Use of the Sport Premium funding to increase our children's access to swimming lessons provided by the Local Authority and this extra swimming provision allows two continuous years of swimming to children in Year 3 and 4. • The Sport Premium funding has also been used to support our continued participation in sports festivals and competitions which are organised by the Sedgefield School Sports Partnership and Education Enterprise Legacy. In the 2018-2019 school year we attended 56 different sports leagues, festivals or competitions • Improvements to external facilities with the creation of an outstanding all weather surface with a basketball/football pitch, multi-sport pitch, running track, low level trail and long jump pit • Use of the School Games Values within school to improve children's motivation as a 'PE Star' is given to children after each lesson if they demonstrate the key sporting value • Thornhill Primary School has been awarded the Gold School Games Mark • The school uses the WOW Travel Tracker to encourage active modes of travel to school. • Years 1-6 took part in the FISCH Project (Family Initiative Supporting Children's Health) • Playground Buddies Scheme where children lead sports and physical activities during break and lunch times 	<ul style="list-style-type: none"> • To maintain the Gold School Games Mark • To continue to engage at least 50% of pupils in extracurricular sporting and physical activity every week • To offer targeted provision for the most able sports children to take part in a project titled 'Going for Gold', where they take part in sessions to educate them on topics such as diet, hydration, training and fitness testing in order to reach the top • Regular opportunities for wider staff CPD to help with the future sustainability of high quality PE teaching • To make children aware of mental health and how to keep a healthy mind as well as body through the Team Up Kids programme in partnership with Sedgefield SSP • To further develop sports leadership and officiating in curriculum time to allow children the opportunity to organise and lead sports during lessons, breaks and lunch times • To further develop school to club links in the local area to have at least five pathways (e.g. sports clubs, leisure centres, youth centres) • To use performance analysis software to help improve children's analysis of performance

<ul style="list-style-type: none"> • Improvements made to sports clubs links including cricket, golf, netball and gymnastics) • Thirty children attended the Cricket World Cup at the Riverside to see international cricket • Children from reception to year 6 took part in bike ability balance or completed a level 1 or 2 award • Gifted and Talented Programme with Bishop Barrington 	
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Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your children may swim in another year please report on their attainment on leaving primary school.	90 %
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	76 %
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	48 %
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes

Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for students today and for the future.

Academic Year: 2019/20		Total fund allocated: £17,820		Date updated: 21.11.19	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school					Percentage of total allocation: 34 %
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:	
PE Specialist to deliver daily PE lessons across school and ensure that children are to be physically active for sustained periods of time (at least 30 minutes per day) to lead healthy active lifestyles	Children to take part in a daily PE lesson of 30 minutes lead by a PE specialist (Year 3 and 4 take part in a weekly swimming lesson)	£4000	Based on our school tracking system the attainment which children achieve has been greatly enhanced by the introduction of a PE specialist and all children take part in at least 30 minutes of physical activity during the school day	To continue, as a result of Covid-19 the children will receive two daily PE lessons of 30 minutes each (1 hour per day)	
To encourage children to use active modes of travel to school to encourage active healthy lifestyles	Daily travel to school is tracked and logged using the WOW travel tracker	£100	For the 2018-2019 academic year, 79% of all journeys to school were classed as active modes of travel	Currently suspended. This has been popular with the children who enjoy collecting the badges, to continue when safe to do so	
To engage at least 50% of the children to take part in extracurricular sporting and physical activity to develop competence in different sports and to lead healthy active lifestyles	A wide range of extracurricular sports clubs are on offer at Thornhill, plus children can take part in a range of sports at break and lunch time. A specialist dance and gymnastic coach are employed to run after school clubs	£2000	Over 50% of the children took part in extracurricular sport and physical activity in the 2018-2019 academic year.	Currently suspended until further notice. Pre-lockdown over 50% of our children took part in extracurricular sport	

Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				2 %
School focus with clarity on intended impact on pupils :	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Achievements celebrated in weekly assembly to highlight the successes and efforts of pupils throughout our daily PE sessions. Children who have represented the school in competitions, leagues and festivals are also presented with medals and certificates. Furthermore, children's successes outside of school are praised.	Children to be awarded with star of the week certificate and prizes given termly for the PE Stars in different classes. Continued presentation of certificates, medals and trophies in whole school assemblies to promote the achievements and opportunities available within and outside of school.	£100	Weekly celebration assemblies to present sporting awards and achievements. This helps to promote the school games values across school and gives the wider community the understanding of how these values are important in other areas of school life.	To continue, either virtually or when full school assemblies resume
There are designated notice boards around school which celebrate the pupils' successes in a variety of sports, both in and out of school. This enhances the profile and raises awareness of sports which are on offer in school and locally. The 'School Games Values' are also displayed which promotes positive attitudes regarding sport and their academic work.	To use the notice boards to promote the profile of PESSPA. Including upcoming sports events, achievements, school games values, sports clubs in the local area and after school	£100	The PE Star leader board is updated regularly helping to motivate children. Daily PE lessons for all year groups ensures PESSPA has a significant profile across school. This helps to ensure that all pupils are engaged and displaying positive attitudes. KS2 data demonstrates that this has had a positive impact on maintaining the school's high attainment in both English and Maths	To continue, the children enjoy earning their PE Star stickers and to create a notice board where children can check how many PE stars they have and compare to their friends
The school uses its half termly newsletter and social media outlets to inform parents of sporting successes, fixtures and further information on how to	To regularly update social media and newsletters	£100	Family members like to be informed of what the children have been doing and the number of 'likes' on social media is improving	Continue to use social media to update adults on PE and sport

access sport within school.				
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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				7 %
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Subject leader to attend School Sport Partnership meetings and to disseminate information to all staff. This will also ensure that children have access to as wide a variety of sporting activities throughout the year, in as many competitions, festivals and games as possible	Attend termly SSP meetings and feedback key information in staff meetings to all staff	(part of the Sedgefield SSP competition package)	The pupils and selected staff attend a number of events throughout the year to develop and demonstrate their sporting abilities and attitudes. Events include competitions, festivals and leagues, which are available to all pupils	To continue virtually at the start of 2020-21 academic year
Continued professional development in PE for teaching staff and wider school staff. This will ensure that children have high quality PE lessons	Attend the following courses: - Orienteering and Map Reading Skills -National Curriculum School Swimming 2 day course	£300	Staff are kept up to date with recent developments relating to PE and Sport	Staff attended a variety of CPD courses including First Aid, orienteering and forest School. Still need to attend the swimming course as it was cancelled due to Covid-19
By having a specialist PE Teacher all staff can observe lessons and good practice modelled to a high standard.	Allow time for staff to observe lessons and discuss good practice with specialist PE teacher	n/a	Staff are much more aware of how to develop pupils within PE by having a PE specialist carrying out daily lessons for their class	To continue
Providing additional high quality coaching to work with children and staff	Specialist gymnastics and dance coaches to deliver after school clubs and to work alongside staff to offer CPD in this area in preparation for festivals and competitions	£1000	Clubs are enjoyed by different children who attend regularly, preparing them for festivals and competitions in dance and gymnastics. Staff CPD opportunities exist to work alongside the coaches	At the start of 2019-20 the school had gymnastics, dance and netball after school club ran by specialist coaches. High quality coaching to resume when safe to do so.

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
				30 %
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Additional swimming opportunities to increase confidence in water, be able to swim 25 metres and perform self-rescue	To organise additional swimming lessons throughout the year	£3075	The additional swimming lesson is within the large pool and the specialist PE Teacher is utilised alongside the swimming instructor to help teach children in smaller groups, allowing for smaller staff to children ratio in the pool, helping children to improve at a faster rate. From our tracking, we can see greater numbers of pupils who are now more confident and able within the pool	To continue with the additional swimming lesson when school swimming resumes. Our current year 6 class received their full allocation of lessons. Our current years 3,4 and 5 have missed a significant amount of time swimming (a suggested next step is a year 5 booster)
Purchase and update PE equipment to help children to excel in a broad range of physical activities	To continuously check the sports equipment and update it when necessary	£500	New equipment helps to motivate children and gives them the opportunity to take part in a wide range of sports	New equipment to be purchased and to consider sports that can be played whilst socially distanced
To develop links in the community with local sports clubs for children to join out of school and continue in sport beyond primary school	To liaise with local clubs in order for them to promote their club and make it easier for children to join and take part. Organise sports golden days to promote certain sports.	£100	The school has had regular visits from Durham Cricket Board who have delivered the 'Chance to Shine' project. They also delivered CPD for staff to demonstrate the links between sport and other academic areas i.e. maths. Our children also attended golf lessons at the	When grassroots sport is up and running this will be a vital area to focus on to help the children recover from lockdown

Annual residential visit for year 6 pupils	Organise a residential visit to Patterdale Hall and arrange a variety of activities for the duration of their stay	£1000	local golf club ran by the professional Pupils experience a range of outdoor and adventure activities that they would not be able to experience within their local area. This includes gauge walking, rock climbing, archery, canoeing and more. This develops our pupils' resilience, confidence and team working skills	The 2019-20 residential was cancelled *The whole school went to Hamsterley Forest to take part in OAA activities (14.10.19)
Team Up Training and Delivery (Team Up is a programme that blends the positive powers of physical activity and mental wellbeing techniques to provide everyone with a variety of tools to stay well and thrive in modern life)	Two staff members to attend the training course and to co-teach the delivery to year 5 and 6	£600	Thornhill staff see first-hand the six lessons that are delivered on Team Up and they are then able to deliver the lessons to other year groups	Team Up was delivered to our current year 6 class in school. It was delivered virtually to years 1-5. A suggested next step would be to deliver to year 1-5 in school

Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				27 %

School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Engage in competitive sports and activities (inter school) to help pupils become physically confident, build character and embed values	Partnership with Sedgfield School Sport Partnership buying into the annual competitions and festivals package Partnership with Education Enterprise Legacy Ltd buying	£1568 £500	The school entered 56 different sports events during the academic year 2018-2019 ran by the SSP and Education Enterprise Legacy	Between September 2019 and February 2020 the school had attended 33 different sporting events externally (to continue) Before lockdown we attended the tag rugby,

Engage in competitive sports and activities (intra school) to help pupils become physically confident, build character and embed values	into the multi-sport league package			football and dodgeball leagues (to continue)
	Transport to venues for competitions and sport related activities	£2677	The school have used mini buses to transport children and staff to the various sporting competitions and festivals across the country	The school attended 33 different sports events needing transport, plus a whole school trip to Hamseterley Forest
	To offer children competitive sporting opportunities to include personal challenges and intra school competitions (each child to take part in at least 2 sporting challenges and 7 intra school sport competitions)	£100	The children have taken part in a fitness challenge for Children in Need and also take part in intra school competitions twice every half term	Various intra school challenges held prior to the first lockdown including a Rugby World Cup Golden Day (various activities including dance, art and PE)